

Unit 1 Lesson 1 Exercise 1

Megan I know it's very important to have a balanced diet to try and stay healthy. I always try and eat at least one portion of vegetables for lunch and dinner and I drink a lot of milk as I know it's full of protein. And, when I'm shopping I read the label on any packet of food I buy.

Rebecca Well I know junk food is bad for you but I love crisps. I can't help eating a packet every now and then. I try to eat at least one healthy meal every day. In fact, I usually have cereal for breakfast and I only drink bottled water, no coke or other fizzy drinks.

Unit 1 Lesson 1 Exercise 2

Interviewer: We are hearing more and more about healthy diets and eating the proper food, so on today's programme we are going to be taking a closer look at some of the issues. In the studio we have Dr Ann Barbara a leading health expert and Simon Smith from the consumer group 'Watch'

Dr B & Simon: Hello

Interviewer: Let's turn to you first Dr Barbara. Should we worry about what we eat?

Dr B: Oh yes! It's impossible to emphasise enough how important your diet is. Eating unhealthy food can shorten your life by up to ten years ...

Simon Smith: I'm sorry to interrupt, but that's not true. There is no scientific evidence to support that ...

Dr B: Well, I'm sorry but there is and all leading experts agree that eating things such as junk food can damage your health.

Simon Smith: I think health experts often exaggerate how important diet is. Equally important are things such as exercise and not smoking and it's essential that people recognise these things as well.

Dr B: Oh, I couldn't agree more. It's not just about what you eat, but also whether you exercise and also whether you eat at the right time. For example, you shouldn't eat just before or just after exercising and it's best not to eat before you go to bed as you need time to digest your food ...

Simon Smith: Just to finish, I'd like to say you shouldn't believe everything you see in advertising and you shouldn't believe everything the so-called experts say either.

Interviewer: Well, thank you Dr Barbara and Simon Smith and on next week's programme we'll be looking at ...[fade]

Unit 1 Lesson 2 Exercise 3

- WOMAN** 1 Don't forget to set the **alarm clock** before you go to sleep.
- MAN** 2 Be careful! The **bread knife** is very sharp.
- WOMAN** 3 We bought her a new **coffee maker** for her Birthday as we know she likes drinking it in the morning.
- MAN** 4 Shall I make the pancakes in the big **frying pan**?
- WOMAN** 5 Put it straight onto your **key ring** so you don't lose it.
- MAN** 6 Remember to take the **phone charger** because the battery won't last the whole trip.
- MAN** 7 Aghhh! Where's the **snooze button**?
- WOMAN** Just turn it off.
- MAN** But then I'll go back to sleep and I won't get up.
- WOMAN** 8 What's wrong?
- MAN** The cat's hungry, but I can't find the **tin opener**.

Unit 1 Lesson 2 Exercise 4

- NARRATOR** How to make savoury omelettes.
- Boil two medium potatoes.
- Then slice the potatoes thinly and put on a plate to cool.
- Take some mushrooms and cut into quarters. Fry these in a little oil.
- Grate some cheese.
- Break six eggs into a bowl, beat and add a little salt and pepper.
- Divide the mixture into three equal amounts.
- Heat a little oil in the frying pan and add one portion of eggs. Lightly fry the eggs and then add the potatoes, cheese and mushrooms.
- Repeat the procedure for the other two omelettes.
- Serve with salad and slices of bread and butter.

Unit 1 Lesson 3 Exercise 5

Joe I really don't believe in alternative medicine. It just gives a placebo effect, that's all. I mean, if it's so much better than modern medicine why aren't more doctors using it?

Vivien I think things like acupuncture and herbal remedies are fantastic. I think that modern medicine is often an experiment! The doctors don't really understand what's wrong with you. They just give you some pills and hope you'll get better.

Matt I really didn't think alternative medicine would work, but then a friend persuaded me to go for an acupuncture session. At first I was a bit nervous when I saw the needles – they look really sharp. But, I didn't even feel them being inserted! It was amazing!

Unit 1 Lesson 4 Exercise 6

- NARRATOR**
- 1 70% of statistics are made up.
 - 2 Most statistics aren't particularly useful.
 - 3 It is estimated that one in ten people believe everything they are told!
 - 4 Most people are too sensible to believe everything their governments tell them.
 - 5 People regularly believe things when the word 'statistics' is included in the sentence.
 - 6 The source of most statistics is someone's imagination.
 - 7 He claims he always tells the truth!

Unit 1 Lesson 4 Exercise 7

- NARRATOR**
- 1 The sensible thing is to wait until you've finished eating.
 - 2 On the other hand the chances of surviving a plane crash are low.
 - 3 It's not a good idea to stand under a tree during a storm.
 - 4 Many people hate flying but in reality you are ten times more likely to be hit by lightning than be in a plane crash.
 - 5 Do you realise that most people believe that?

Unit 1 CULTURE Exercise 8

- NARRATOR**
- 1 principally
 - 2 capitalism
 - 3 essentially
 - 4 conservative
 - 5 stereotypes
 - 6 military
 - 7 consumption
 - 8 priority
 - 9 generous
 - 10 independent

Unit 2 Lesson 1 Exercise 1

MAN Welcome to the new museum of art and images. The museum has a unique collection of some of the most striking art from talented young artists. The collection includes paintings and sculptures in both bronze and stone, plus there is a special feature film showing artists at work. The exhibition includes many award-winning pieces and is free of charge until July, 2008.

Unit 2 Lesson 1 Exercise 2

Meryl: So, what did you think of the exhibition?

Emma: I'm not sure, I really didn't understand what those paintings represented.

Jake: They're meant to show movement and freedom.

Emma: Yeah, but I just didn't see that, to me they just looked like brightly-coloured things, but I couldn't really see anything in them.

Jake: That's modern art for you.

Meryl: Well, I liked them, but I wasn't so keen on the sculptures. I liked the ones made from snow and ice, but those concrete ones ...!

Jake: Yeah, I know what you mean, but sometimes they can be really good. Have you seen the sculpture of a bird that Tracy Emin created?

Emma: Do you mean the one where if you stand directly underneath it you can't see the bird at the top, but when you move slightly there it is?

Jake: Yes, that's the one. I think that one's great.

Unit 2 Lesson 1 Exercise 3

- NARRATOR**
- 1 pole [*pause*] pole
 - 2 pulp [*pause*] pulp
 - 3 cab [*pause*] cab
 - 4 pack [*pause*] pack
 - 5 symbol [*pause*] symbol
 - 6 bare [*pause*] bare
 - 7 rip [*pause*] rip.

Unit 2 Lesson 2 Exercise 4

- NARRATOR**
- 1 It's great when you *catch sight of yourself* in a film.
 - 2 I've had lots of *offers*.
 - 3 Last week I was on the *set* of the latest Bond film.
 - 4 It's great when you finally get to see yourself on *location* in the cinema.
 - 5 My friends think that working as an *extra* must be exciting, but it isn't really.
 - 6 We had to do five *takes* yesterday because the actor forgot his lines!
 - 7 I'm lucky because I look the same as Penelope Cruz. I've worked as her *double* on a few films.
 - 8 I guess it's quite an *odd* job.

Unit 2 Lesson 2 Exercise 5

Luke My name's Luke Peterson and I run an agency that finds work for extras in films, TV commercials and TV programmes. I'm an ex-actor myself, so I understand what is required. Most of the work is temporary, but sometimes a person is lucky and they get work for a complete series. I think that working as an extra is quite exciting although the hanging about for hours on location can be a bit boring. But, in what other job would you have the opportunity to meet different famous people almost every week? I can't think of any.

Unit 2 Lesson 3 Exercise 6

- NARRATOR** 1 best-selling – j) bought by many people
2 comic – i) a magazine with stories told in pictures, often funny
3 delighted – a) very happy
4 entertain – b) to give a performance that people enjoy
5 gangster – h) a member of an organised group of criminals
6 serial (noun) – f) a story that is told in a number of separate parts
7 storyteller – d) someone who tells stories
8 theme – c) the main topic of a book or film
9 progress (noun) – e) improving or getting better
10 trilogy – g) a series of three books or films

Unit 2 Lesson 3 Exercise 7

- NARRATOR** comic [pause] comic
[pause]
publish [pause] publish
[pause]
abroad [pause] abroad
[pause]
explore [pause] explore
[pause]
innocence [pause] innocence
[pause]
trilogy [pause] trilogy
[pause]
adventure [pause] adventure
[pause]
profession [pause] profession
[pause]
entertain [pause] entertain

Unit 2 Lesson 4 Exercise 8

- NARRATOR**
- 1 To her amazement she won the competition.
 - 2 What are the arrangements for tonight?
 - 3 She's worked on three advertisements in the last week.
 - 4 They needed a lot of special equipment to make the film.
 - 5 They had a big argument about the money.

Unit 2 Lesson 4 Exercise 9

- VOICE 1** 1 I'm sorry, but there's no excuse for the way you behaved. I really think you should apologise.
- VOICE 2** 2 The experience was amazing. It changed my life.
- VOICE 1** 3 I've tried so many times but I've had no luck yet.
- VOICE 2** 4 I can't believe you spent so much. It's a complete waste of money!
- VOICE 1** 5 You've worked as an extra in three films. So what's it like?
- VOICE 1** 6 That's odd! I'm sure I've seen you in a film, but I thought you were a teacher?
- VOICE 2** I am. But sometimes I work as an extra in films.

Unit 3 Lesson 1 Exercise 1

- NARRATOR** Here are the answers to the crossword.
- Number 2 across is *Spacecraft*; number 5 across is *Rotate*; number 7 across is *Expand*; number 8 across is *Equator* and number 9 across is *Universe*.
- Number 1 down is *Oxygen*; number 3 down is *Astonishing*; number 4 down is *Trillion*; number 5 down is *Rapidly* and number 6 down is *Organism*.

Unit 3 Lesson 2 Exercise 2

WOMAN When I was asked if I wanted to go to the bottom of the sea as an observer I jumped at the chance. I've always been interested in the sea and the opportunity to go underwater in one of the new submersibles that can go to a depth of nearly 10,000 metres was one I wasn't going to miss. When we reached the sea bed I saw a big crack in the ground. Suddenly a big fish swam out and everyone jumped, it was such an unexpected thing to happen. I knew there was life this deep down in the sea, but it was still a surprise to see a fish suddenly appear like that.

Unit 3 Lesson 3 Exercise 3

Mandy Did you see that story about the Virgin Galactic Spaceship?
Roger No, what did it say?
Mandy It was about the new commercial flights into space.
Roger It sounds fantastic!
Mandy Yes, but it also sounds expensive. It will cost \$200,000.
Roger What! That's a lot of money, but I guess it'll be worth it.
Mandy There's a rumour that Brad Pitt will be on the first flight.
Roger: Well, he can afford it. How long will the orbit be?
Mandy: I can't remember, but I do know people will experience six-minutes of weightlessness.
Roger: I guess you have to pay extra for all the training.
Mandy: No, all the pre-flight stuff is included in the price and you get to stay in a luxurious hotel.
Roger: I should hope so too, but I suppose the first flight won't be for ages.
Mandy: I heard that the first lift-off is due quite soon, maybe as early as next year.
Roger: Amazing! Soon we'll be meeting extra-terrestrials.
Mandy: Come on! You don't believe in aliens, do you?
Roger: Of course... [fade]

Unit 3 Lesson 3 Exercise 4

- NARRATOR**
- 1 I'm going to put my name down on the list.
 - 2 I've started to count down the number of days until I go. Only five more.
 - 3 When they come down to Earth they will be so tired.
 - 4 When is the first flight due to take off?
 - 5 It will be amazing to look down on the Earth from space.

Unit 3 Lesson 4 Exercise 5

NARRATOR One of the most important **medical** discoveries of the twentieth century happened by accident. Alexander Fleming was a **biologist** working in London in the 1920s. During World War I (1914-18) Fleming had watched lots of soldiers die from **disease** and he wanted to find a way of **preventing** them getting sick. One day he was throwing out some old experiments when he noticed something strange. There was some mould growing in one of the dishes and all around it the **bacteria** had been killed. This was very unusual. Fleming had **a theory** about what had happened and he conducted a few more experiments. The discovery of penicillin was to have a **massive** impact on medicine for the next seventy years or so.

Unit 3 Lesson 4 Exercise 6

- NARRATOR**
- 1 decision - h) a choice you make after thinking about something
 - 2 discussion - g) a conversation about something important
 - 3 evolution - a) the theory that plants and animals change over long periods of time
 - 4 permission - b) the right to be allowed to do something
 - 5 possession - f) something that you own
 - 6 production - d) the process of making something
 - 7 solution - e) the answer to a problem or a question
 - 8 transmission - c) the process of sending electronic signals such as radio or TV signals

Unit 3 CULTURE Exercise 7

Mark: Come on! We were told just to jot down anything that came into our heads, don't spend so much time thinking.

Jane: But I don't think we can just write the first thing we think of?

Mark: Why not? The teacher said that anything goes. There aren't any wrong answers.

Jane: Mmm, I'm not sure.

Mark: But for once you don't need to take care.

Jane: OK, I'll give it a try ...

Teacher: Are you stuck?

Mark: Yes, we've got twenty ideas.

Teacher: Great! Now you need to reflect on the different ideas. Talk about the ideas, but don't be defensive if someone doesn't like what you've suggested. Any questions? [*slight pause*] OK, then get started.

Unit 4 Lesson 1 Exercise 1

VOICE 1 1 Just a minute! It won't take long for me to work out the answer.

VOICE 2 2 Try not to miss out on the opportunity as it's not likely to happen again.

VOICE 1 3 Can I just point out how important it is to do your best?

VOICE 2 4 Scientists are hoping to produce a vaccine that will wipe out many of today's diseases.

VOICE 1 5 We will carry out the study and publish the report as quickly as possible.

Unit 4 Lesson 1 Exercise 2

[John, Elaine and Ruth (or announcer) need to say their names before they start speaking.]

John I think advances in technology will be amazing. Only ten years ago computers were really big and slow, now look at them. We already have wireless technology and I think everything that can function with a microchip will get smaller and better.

Elaine My worry is all the talk about life expectancy. I mean, do people really want to live longer? It's nice to know they'll be able to get rid of most diseases but will they be able to make us all happier as well?

Ruth A fridge that can read the use-by date on my milk and a wristwatch that can function as a computer, an MP3 player and a phone! Who needs these kinds of things? Personally, I think it really is a waste of time.

Unit 4 Lesson 2 Exercise 3

NARRATOR The threat from global warming is something we must take seriously before it's too late to do anything about it. At the moment, if we take action right now, we might be able to decrease the damage we do to our planet. Already the cost of petrol and fuel for heating our houses is increasing and unless we cut down on the amount we are using then we will have an energy crisis within twenty years. If you look at the climate, we are already experiencing extremes of weather like floods and droughts and scientists predict that the polar ice caps will melt if we don't halt the rate of carbon emissions into the atmosphere. So, take action now and join an organisation that cares about the environment – Planet Care International.

Unit 4 Lesson 2 Exercise 4

NARRATOR

- 1 The **increase** in CO2 emissions is extremely worrying.
- 2 If we **permit** people to carry on driving cars and flying so much we will have serious climate problems.
- 3 As soon as we **decrease** carbon emissions then our environment will benefit.
- 4 I **suspect** things will get worse before they get better.
- 5 We need to find ways to offset the carbon we **produce** at the moment.
- 6 Our main **exports** are gas, oil and coal.
- 7 To **import** all the goods we need costs us a lot of money.
- 8 If our climate continues to get warmer then many places will become **deserts**.

Unit 4 Lesson 3 Exercise 5

- NARRATOR** 1 I wish I had more time to sit and chat to my friends.
2 You can fly there or travel overland.
3 If I had more time I'd go trekking in the mountains.
4 In theory it's possible to go by bus, but it takes so long that it's better to fly.
5 The pace of life in London is much faster.
6 It's a really magical place, so beautiful and peaceful.
7 The place is really mad. It's one of the most interesting places I've ever visited.
8 I don't like staying in hotels. If there's a guesthouse I always stay there, it's much nicer.

Unit 4 Lesson 4 Exercise 6 and 7

Presenter: Welcome to 'Our World'. On today's programme we are going to debate the different ways in which people can protest against things they don't like. So, let's take our first caller.

Chris: Hi, my name's Chris and my point is that demonstrations always seem to end in violence. It's really silly when you think about it. You might have an anti-war demonstration and suddenly there's fighting and people are throwing stones at the police. It's mad.

Presenter: Thank you Chris. Now to our second caller – Miranda.

Miranda: I'm sorry, but your first caller is wrong. It's not the protestors that start the violence; it's nearly always the police. Most of these demonstrations are non-violent but people feel strongly about these issues and they want the government to listen to them. Firstly, it's only right that they are allowed to demonstrate. Secondly, how else are they supposed to make their point?

Presenter: Two very different points of view. Let's go back to Chris.

Chris: Well, Miranda's wrong. I think that many people involved in these demonstrations just want the publicity and they will do anything to get it. Why are there so many clashes with the police?

Miranda: It's just not true. Last year I was involved in a sit-in at my local university. We were there for three days and then the police came into the building and started arresting people. It was terrible. Nobody can make a case for this kind of behaviour by the police.

Unit 4 Lesson 4 Exercise 6 and 7 cont.

- Chris:** No, but you can use other methods to complain about things. For instance, you can always vote in an election ...
- Miranda:** But it doesn't matter who is elected because they are always going to support big business ...
- Chris:** Oh, come on! That's crazy ...
- Presenter:** Thank you. I can see we're not going to come to any kind of agreement, so let's stop there. I think it's largely a matter of opinion and one which seems to bring out strong feelings in people. It would be interesting to find out what other people think – Are you for or against demonstrations? Do you think direct action is the only way to make your point? And, what can you do when you disagree with something very strongly? Send us your emails and we'll read them out on the next programme. Thank you and goodnight.

Unit 4 Lesson 4 Exercise 8

- VOICE 1** 1 We're told flying is bad for the climate, but what if I need to travel to another country?
Am I supposed to walk?!
- VOICE 2** 2 We can't really be sure what the impact of global warming will be. Nobody really knows and only time will tell.
- VOICE 1** 3 I know it sounds silly, but if you planted a tree every time you took a plane at least you'd help offset some of the damage.
- VOICE 2** 4 People are so friendly, it's amazing. If only people were like that everywhere.
- VOICE 1** 5 I love travelling to different countries. You meet the most amazing people and make some great friends.
- VOICE 2** 6 The whole point is that we all need to think about the future otherwise there may be no future for our grandchildren.

Unit 5 Lesson 1 Exercise 1**NARRATOR** Breaking news!

Police have arrested three men who planned to blow up a building in central London. Two of the men were caught red-handed. However, one man got away but was later arrested as he attempted to get on a plane at Heathrow airport. The plot was discovered when three men were seen carrying large barrels into a building near the Houses of Parliament. A police spokesperson said, "We were very lucky, they had enough explosives to flatten a large area. We are looking for at least two more accomplices."

Unit 5 Lesson 2 Exercise 2

- NARRATOR**
- 1 accustomed - h) be used to something
 - 2 character - e) personality
 - 3 elaborate - a) very detailed and complicated
 - 4 grin - g) smile
 - 5 guidelines - d) official instructions about how to do something
 - 6 look on - c) watch someone doing something
 - 7 sensitive - b) easily upset
 - 8 strict - f) firm, expecting to be obeyed completely

Unit 5 Lesson 2 Exercise 3

VOICE 1 1 It's very important you read the guidelines before you start.

VOICE 2 2 I'm not really accustomed to getting up early for work.

VOICE 1 3 He's always got a grin on his face!

VOICE 2 4 He's got such an amazing character and everyone likes him.

VOICE 1 5 People like to look on while the sharks are fed.

VOICE 2 6 You need to be quite strict with him or he'll be naughty.

VOICE 1 7 I like that painting. The artist has quite an elaborate style.

VOICE 2 8 She's very sensitive to smells and noises.

Unit 5 Lesson 3 Exercise 4

NARRATOR There are many stories of aeroplanes disappearing. One of the most famous was the disappearance of Frederick Valentich in 1978. The 20-year-old pilot vanished without trace while crossing the Bass Strait to King Island near Australia. Valentich took off just after 6pm on a journey that took about an hour. Just after 7pm he contacted air traffic control to report a strange object in the sky. After about six minutes radio contact was lost and Valentich vanished in mid-air. The search operation took five days and failed to find any sign of the aircraft. There was a lot of speculation in the newspapers about what might have happened. Some people thought he had simply run out of fuel and crashed. But others pointed out the mystery object he had mentioned and said that he had probably been abducted by aliens. Of course, nobody knows exactly what happened. What do you think?

Unit 5 Lesson 4 Exercise 5

VOICE 1 1 I'm really not very superstitious, but I do believe in luck.

VOICE 2 2 When they made the decision everyone was surprised.

VOICE 1 3 She's pretty good at tennis.

VOICE 2 4 How did you trick everyone for so long?

VOICE 1 5 She's so courageous. She climbed the highest mountain in Wales.

VOICE 2 6 When I first started riding horses I was very nervous. I kept thinking I was going to fall off.

VOICE 1 7 They've promised to announce the result tomorrow.

Unit 4 Lesson 4 Exercise 6

VOICE 1 1 I know it sounds dangerous, but you needn't worry, we always take care.

VOICE 2 2 I think we're running out of fuel, which isn't a good thing, really.

VOICE 1 3 I'm sure it's somewhere here! I wish I hadn't forgotten where I put it.

Unit 4 Lesson 4 Exercise 6 cont.

VOICE 2 4 He's angry with me, but I don't know why.

VOICE 1 5 I knew it would be difficult, but I just wanted to be given a chance.

VOICE 2 6 They disappeared without a trace. What could have happened?

Unit 5 CULTURE Exercise 7**NARRATOR****A**

Jenny: So, what do you think?

Rachel: Umm, I'm not sure if the colour suits you.

Jenny: No, I think you're right. Let me try on a different pair.

Rachel: Not that pair, they're too small.

Jenny: Rubbish

Rachel: So?

Jenny: You're right again, they are a bit tight.

Rachel: I told you they wouldn't fit you.

B

Phil: Excuse me, can I have a return ticket for Liverpool?

Booking Clerk: Certainly, that's £26, please.

Phil: Here you are.

Booking Clerk: Here's your ticket and your change.

Phil: Thank you. Which platform does it leave from?

Unit 6 Lesson 1 Exercise 1

BOY 1 I'm happy because my mum agreed to let me go to the concert.

GIRL 2 I'm going to help my friend do her homework as I promised her I would.

BOY 3 I couldn't do the exercise until my teacher explained it.

GIRL 4 Then she reminded me that I don't like spicy food.

BOY 5 My dad complained about my music and told me to turn it down.

GIRL 6 He advised me to wear a hat to avoid getting sunburnt.

Unit 6 Lesson 1 Exercise 1 cont.

BOY 7 I know you suggested I talk it over with my parents to see if they'd agree, but I still think they'll say no.

GIRL 8 I asked him why he said no, but he refused to tell me why I couldn't go.

Unit 6 Lesson 1 Exercise 2

- NARRATOR** 1 advise [pause] advise
[pause]
- 2 refuse [pause] refuse
[pause]
- 3 offer [pause] offer
[pause]
- 4 suggest [pause] suggest
[pause]
- 5 invite [pause] invite
[pause]
- 6 promise [pause] promise
[pause]
- 7 complain [pause] complain

Unit 6 Lesson 2 Exercise 3

MALE VOICE: It was a lovely little restaurant and the people were really nice. The waitress showed me to my table and wiped it. She asked me if I wanted anything to drink and I ordered an iced-tea. Then I looked at the menu and ordered my food. The waitress brought my food and put it down on the table next to the napkin. She asked me if I wanted a bread roll. 'No thank you,' I said. She asked me if I wanted any sauces, but I replied, 'No thank you,' and added, pointing to the bottle of ketchup, 'This is fine.' She smiled sweetly and said, 'Have a good meal.' It was at this point that I said, 'But there is one thing I'd like.' 'Yes?' she said. 'I would like some cutlery.' 'Oh!' she said, and hurried off to get me a knife and fork.

Unit 6 Lesson 3 Exercise 4

- VOICE 1** 1 Why do I always have to fill in so many forms when I go on holiday? It's meant to be a relaxing time!
- VOICE 2** 2 I give in! I guess I'm never going to be able to get you to change your behaviour.
- VOICE 1** 3 When I lost my luggage at the airport the police promised to look into it, but I still haven't heard anything from them.
- VOICE 2** 4 When I went on holiday to India last year, it was really difficult to take in everything. The culture is just so different from mine.
- VOICE 1** 5 When teenagers go on holiday, why do they often turn into such badly-behaved people? I'm sure they don't behave like that at home.
- VOICE 2** 6 When I watched Peter swim the race, I wanted him to come in first.

Unit 6 Lesson 3 Exercise 5

- Zoltan:** What I don't understand is when tourists go on holiday and they aren't prepared. I'm a manager in a big hotel in Budapest, the capital of Hungary. Last week a couple came from London and when they arrived they started complaining about the weather. They said it was really cold and they didn't have any gloves or thick coats. Well, it was the end of January, so what did they expect? For me, the most important thing to is to turn up with the right clothes. If you don't do your research before you go on holiday it's extremely rude to then complain to people about things that aren't their fault.
- Francoise:** Tipping. For me that's the most important thing. Of course, as a waitress it would have to be high on my list. And, I guess the worst thing is when people complain about the food. I mean, I don't cook the stuff I only bring it out to the tables so why do they shout at me if they don't like it?
- Jamil:** I'm amazed at how some tourists can behave. Maybe it's something to do with culture, but in my country politeness is very important. When I'm taking people from the airport to their hotel I expect them to be polite to me. I know taxi drivers have a bad reputation, but we're not all like that. The worst thing that ever happened to me was when a passenger was sick in the back of the taxi and then said it was my fault because I had been driving too fast!

Unit 6 Lesson 3 Exercise 5 cont.

Rick: I always say it's the responsibility of the customer to check things out before they go on holiday. I try and give them all the necessary information when they buy a holiday from me. But, if something goes wrong they shouldn't always blame the travel agent. It's not always our fault. I think it's important to respect the culture of the country you are visiting. For me, the worst kind of behaviour is when you expect everyone to speak English and then get angry when they don't.

Unit 6 Lesson 4 Exercise 6

NARRATOR: I love going on holiday, but I usually like to laze around on the beach sunbathing, swimming and snorkelling. I always find that you can't beat a relaxing holiday. My mother always says that a holiday should be a cultural experience and she believes that it's possible to relax and visit museums. So, this year I started trying to find a holiday that was relaxing and included some culture, but I found it difficult to find anything that was a cross between the two things. In the end, I decided to do something completely different, so next week I'm going whale-watching!

Unit 6 Lesson 4 Exercise 7

- NARRATOR:**
- 1 What do you mean you've never heard of him! He's very well-known.
 - 2 Would you like your steak rare or well done?
 - 3 It's very important to eat a well-balanced diet.
 - 4 When you visit another country it's important to be well-behaved.
 - 5 He must be well-off. That's the third holiday he's had this year!
 - 6 When you go out for dinner you should try and be well-dressed.

Unit 6 Lesson 4 Exercise 8

Sam: Hi Ellie, what are you doing?

Ellie: I'm looking at flights.

Sam: Flights? Where are you off to?

Ellie: Just going to visit my brother in Australia.

Sam: Wow! You must be looking forward to that.

Ellie: Yes, and I've got two tickets so I can take a friend. Would you like to go?

Sam: I'd love to, but I'm so busy at work.

Ellie: Just take a few weeks off.

Unit 6 Lesson 4 Exercise 8 cont.

Sam: A few weeks off! I'm sorry but it's out of the question. I'd lose my job.

Ellie: Don't worry. I'll ask Rachel.

Sam: Rachel! Oh, I've changed my mind. I'll ask my boss for two weeks holiday.

Ellie: Great! You won't regret it!

Unit 7 Lesson 1 Exercise 1

- NARRATOR:**
- 1 He's been given the sack.
 - 2 Well done! Keep it up.
 - 3 A jumbo-sized hamburger.
 - 4 I'm really under the weather.
 - 5 I don't know the ropes yet.
 - 6 That's really wicked.
 - 7 I need to learn this by heart for a test.

Unit 7 Lesson 1 Exercise 2**A**

Maisy: I'm finding this very difficult to do.

Julie: Don't worry, you'll learn eventually. It took me ages to learn the ropes.

B

Jack: Do you know why Pete was given the sack?

Louise: Yeah! He lost his job because he was always turning up late.

C

Mark: Hi Nick. Are you still swimming every day?

Nick: No, unfortunately I haven't managed to keep it up.

Mark: That's a pity!

D

Liam: Can I have a chicken burger, please?

Waitress: Sure, medium or large?

Liam: Oh, large! Can I have a jumbo-sized one, please?

Unit 7 Lesson 1 Exercise 2 cont.**E**

Marty: Have you seen the new James Bond movie?

Adam: Yes, I think it's fantastic, don't you?

Marty: Yes, it's wicked.

F

Angelina: Have you learnt that stuff for the test by heart?

Ian: No, not yet. I find it really difficult to memorise things.

G

Robert: What's wrong? You look terrible.

Mary: I know. I'm really feeling under the weather.

Robert: Well I hope you get better soon.

Unit 7 Lesson 1 Exercise 3

- NARRATOR:**
- 1 I think it's been finished, because John put his tools away. I'll go and check.
 - 2 I'm sorry, but she's being awkward and doesn't want to see you. Usually she's so well-behaved.
 - 3 He's been a bit under the weather.
 - 4 It's been a long time since she visited us.
 - 5 I can't give it to you because it's being used.
 - 6 I'm sure he's being very helpful. He's just taken Jean shopping.

Unit 7 Lesson 2 Exercise 4

Presenter: On today's programme we are looking at women scientists who shouldn't be forgotten. We've already looked at Marie Currie, Caroline Herschel and Rosalind Franklin. Today it's the turn of maybe one of the most forgotten – Mileva Maric. Well, Mileva was a brilliant mathematician who was never acknowledged during her lifetime. Mileva was Albert Einstein's first wife and yet there seems to be almost no record of her. It wasn't until 1987 when some private letters were published that people started to realise that this was someone who had not received the recognition that they deserved.

Unit 7 Lesson 2 Exercise 4 cont.

One of the problems was that in the early twentieth century there was lots of prejudice about the place of women in society. Einstein, of course, is best known for his work on the theory of relativity which, in the end, led to the splitting of the atom and nuclear fission. But, it is quite clear from his studies at university that he wasn't particularly good at mathematics. So, according to many experts today, he must have benefited from help from somewhere. It now seems increasingly likely that that help came from his first wife – Mileva Maric. Maybe half of Einstein's Nobel Prize for Physics should be awarded to Mileva?

Unit 7 Lesson 3 Exercise 5

- NARRATOR:**
- 1 decade - h) ten years
 - 2 annual - c) once a year
 - 3 emphasis - g) putting special importance on something
 - 4 engaged - a) busy, already being used
 - 5 entrepreneur - f) someone who uses money to start a business
 - 6 street vendor - e) someone who sells things in the street
 - 7 subscriber - d) someone who pays to use or get something regularly
 - 8 transform - b) change

Unit 7 Lesson 3 Exercise 6**NARRATOR:**

- 1 Cindy:** I can't believe it! I've called him three times but we keep on getting cut off. I lose the signal each time the train goes into a tunnel.
- 2 Receptionist:** Good afternoon, Macmillan Education.
Man: Hello. Can I speak to Mark Smith.
Receptionist: Just a minute. I'll put you through.
- 3 Pedro:** I'm sorry, the line is so bad. Let me call you back in a few minutes.
- 4 Janet:** Can I speak to Amy, please?
Amy's mother: Yes. Can you hold on and I'll go and get her?
Janet: OK.

Unit 7 Lesson 3 Exercise 6 cont.

- 5 Damien:** Come on! Come on! Pick up the phone.
Karen: What's wrong?
Damien: Nobody's answering.

Unit 7 Lesson 4 Exercise 7

NARRATOR: The Ainu language is in danger of extinction despite the work of linguists who are trying to save it. The language used to have at least nineteen dialects, but this has been reduced to one – Tsishima – as all the others have died out. A few years ago only about half a dozen Ainu speakers were left. This has now increased to fifteen families who are fluent speakers of Ainu. One of the problems the language faced was that it did not have a written form. Ainu, like many minority languages, faces an increasingly difficult future as 'killer' languages such as English, Chinese and Japanese continue to spread.

Unit 7 CULTURE Exercise 8

Will: I'm studying philosophy at the moment, but before I came to university I took a year out and travelled around the world with some friends. We spent six months in Australia so when I arrived here I didn't feel homesick as I'd already lived away from home.

Justine: I'm living in a hall of residence to try and save money as I know it's going to be difficult to live on just my student loan. My parents are trying to help me as well because they don't want me to end up having to pay back lots of money when I finish my degree.

Li Chen: I hope I can manage at university here. It's very different from my country and I already miss my friends and family. I'm living in a house with three other students, but I don't spend much time with them because I have to study hard.

Unit 8 Lesson 1 Exercise 1

FEMALE VOICE: I wasn't very good at school and I really didn't enjoy going. In fact, my mum often had to drag me there. I don't know what it was, but I just hated everything. My teachers said I wouldn't get a place at university, but I surprised everyone by passing the entrance exam and going to Oxford.

Unit 8 Lesson 2 Exercise 3

Alan: Last week my teacher brought in some of the ideas from a competition called *The School I'd like*. A lot of the ideas were silly, like flying to another planet to study the solar system, but other ideas were quite good. However, my school is amazing as it already has lots of the things that were suggested. We have a few rooms with comfortable chairs where we can go and relax, I guess these are chill-out rooms, but we call them common rooms. It's good because students are often under pressure because of exams and classwork. All our classrooms have interactive whiteboards and our chairs are okay. So, I think I'm very lucky. But it's important that you like your school and that it's a nice place to study.

Unit 8 Lesson 3 Exercise 4

- Presenter:** On today's programme we're going to interview Anna Richter the new singing sensation from Germany. Welcome to the programme Anna.
- Anna:** Thank you.
- Presenter:** Let's start.
- Anna:** Okay.
- Presenter:** When did you know you were going to be a pop star?
- Anna:** Well, first of all I don't think I am a pop star, at least, not yet. But, I used to sit in class and daydream. I always knew I wanted to be a singer.
- Presenter:** But did you ever want to be anything else?
- Anna:** That's a good question and I guess the answer is no. As a teenager I was a bit of a budding actress, but that wasn't my dream.
- Presenter:** And was it easy to become a singer?
- Anna:** Not really. I mean I guess I'm lucky as I've got a natural gift, but it still took lots of hard work. More work than people think.
- Presenter:** What do you mean?
- Anna:** I always enjoyed singing and I was obviously good at it, but there are lots of good singers. To be something special it takes a bit extra. You need to work really hard if you're going to make it in the music business.
- Presenter:** So how did you know it was the right thing to do and you weren't wasting your time?
- Anna:** How did I know it was the right thing to do? I don't know. I just had a gut instinct that I would be successful.
- Presenter:** Who writes your songs?

Unit 8 Lesson 3 Exercise 4 cont.

Anna: I write all my own material including the lyrics. I don't think I'd want to sing someone else's songs.

Presenter: And do you have any other interests?

Anna: Yes, I love reading poetry and I think that many songwriters are the same.

Presenter: Anna Richter, thank you.

Unit 8 Lesson 3 Exercise 5

NARRATOR: 1 finger [pause] finger

[pause]

2 song [pause] song

[pause]

3 singer [pause] singer

[pause]

4 single [pause] single

[pause]

5 wrong [pause] wrong

[pause]

6 stronger [pause] stronger

[pause]

7 young [pause] young.

Unit 8 Lesson 4 Exercise 6

Ralph: Last summer I applied to work as a volunteer on a nature reserve. I wrote a letter and sent it, but I didn't get a reply. I was very disappointed. I really thought I had something to offer.

Angela: I work as a manager on a nature reserve where we have lots of conservation projects. Every summer we are looking for volunteers and we're lucky as we get hundreds of applications. Sometimes the applicants are good, but often they don't really know anything about the work we do here.

Mark: I'm very interested in conservation but to me the most important thing is trying to save endangered animals like tigers and pandas. Last summer I took part in a fundraising project and we raised almost £10,000.

Unit 8 Lesson 4 Exercise 7

NARRATOR:

- 1 He's such a polite young man.
- 2 I hope you live together for a long time and have a lot of happiness.
- 3 I know how important fitness is to this expedition.
- 4 How can you be so careless?
- 5 Have you ever suffered a serious illness?
- 6 It was very thoughtful. You knew it was her birthday yesterday!
- 7 Try not to be too sad. I'm sure he'll phone you later.