

3 If you follow this advice ...

2 READING

Read *Memory Power* on page 52 of the Student's Book and do exercises 2 and 3. Then read some more tips for improving memory below. Complete the text with four of the phrases a–f.

- a places in your town
- b if you put the words to music
- c the colours of the rainbow
- d the eight planets from the Sun
- e to tell a story
- f to help you remember them



Both learning and remembering are active processes which usually involve some effort. A popular way of learning and remembering information is to use mnemonics /ni'mɒnɪks/ – the first letter is silent. Mnemonics are memory devices that help us recall information.

A mnemonic can be a short rhyme, like this one for spelling English words containing *ie* and *ei*, such as *believe* and *receive*:

*I before E
When the sound is /i:/
Except after C*

– or a sentence, for example, for the order of (1) _____:

Mother **V**ery **E**asily **M**ade **J**umbo **S**andwiches
Using **N**oodles.

and for the spelling of *because*:

Big **e**lephants **c**an't **a**lways **u**nderstand **s**mall **e**lephants.

– or a word: **HOMES** for the five North American Great Lakes: **H**uron, **O**ntario, **M**ichigan, **E**yrie, **S**uperior.

Another mnemonic technique is to make connections between words (2) _____

_____. Try making connections between these words: *mirror* → *telescope* → *star* → *rock* → *mountain* → *cloud*. For example, *mirror* → *telescope*:

'Many telescopes have mirrors.' You could play this as a game with a partner.

It will also help you to remember words if you visualise them in familiar locations. For example, (3) _____,

or rooms in your home. This system was used as a memory aid by the ancient Greeks and Romans! If your visualisations are creative or absurd, they will be more memorable. For instance, let's imagine these items in different places in your home: *surfboard, motorbike, pirate, vampire, ladder*:

As you enter your home, you see a huge surfboard hanging on the front door; you go into the hall and your route is blocked by a motorbike; you turn into the kitchen and find a pirate chopping vegetables; in your room there's a ladder against the window; in the bathroom there's a vampire singing in the shower.

Finally, if you like singing in the shower, why not write a jingle or rap using the words you want to learn? TV and radio commercials use jingles to help people to remember products when shopping. You can use the same method with new vocabulary: (4) _____,

they'll be easier to recall.

3 AFTER READING**1 Complete these words with *ei* or *ie*, according to the rule in the rhyme.**

ach__ __vement	c__ __ling
__ __ght	n__ __ghbour
p__ __ce	rec__ __pt
th__ __f	w__ __gh

2 Write a mnemonic for the colours of the rainbow (red, orange, yellow, green, blue, indigo, violet).

3 Make connections between these words from paragraph 3.

mirror —————> *telescope*

telescope —————> *star*

star —————> *rock*

rock —————> *mountain*

mountain —————> *cloud*

4 Choose five nouns you want to learn and visualise them in different locations in your town. Write a list of the words in their locations as you imagine them.

Now look at *Your response* on page 52 of the Student's Book.